

Turra Coo 300
Start 06:00 : Nairn County Football Ground
Saturday 11 May 2024

KEY:	TFL = traffic lights	T = T junction	R = right hand turn
	RAB = roundabout	CP = cycle path	L = left hand turn
	MRAB = mini roundabout	CR = Cycle Route	R/H or L/H = right hand or left hand
	imm = immediately	X = crossroads	stg X = staggered crossroads
	LHS = left hand side	R/L or L/R right left or left right	SOX = straight on at crossroads
	RHS = right hand side	sp = sign post	SO = straight on

Stage 1 Nairn to Lossiemouth 45k

R from start	0.0	0.1 L (imm. after river bridge)	17.8
0.1 L @ T	0.1	0.9 follow CP to end and turn R onto road	18.7
0.5 L @ T no sp (get in R/H lane)	0.6	4.8 L @ T sp findhorn	23.5
0.1 R @ TFL sp aberdeen	0.7	9.3 SOX sp duffus	32.8
0.3 3rd exit RAB sp aberdeen	1.0	4.1 R @ T sp elgin	36.9
0.5 L @ TFL sp nairn dunbar golf	1.5	0.9 1st L sp shempston	37.8
12.1 L @ X sp BROOM OF MOY	13.6	5.7 L @ T no sp	43.5
3.3 L sp BROOM OF MOY	16.9	1.0 3rd exit RAB sp swimming pool	44.5
After BROOM OF MOY village		0.5 R no sp by coop	45.0
0.8 sign bear R by white cottage	17.7	0.1 L and follow into control at coop	45.1
and follow cycle route sp forres			

Stage 2 Lossiemouth to Portsoy 48kms

Retrace to R @ T no sp	45.1	0.6 R @ T sp CR 1	65.2
0.1 R @ T no sp	45.2	2.1 L @ X sp PORTGORDON	67.3
0.8 R @ T no sp	46.0	2.5 L @ T sp coastal trail east (eff. SO)	69.8
0.4 L sp fochabers (inchbroom rd)	46.4	3.8 L @ T sp PORTKNOCKIE	73.6
6.6 L sp HGV driving test centre	53.0	7.1 R just after portknockie village sign	80.7
2.4 L @ X sp urquhart	55.4	0.7 R @ T no sp	81.4
6.6 R @ T sp kingston via cadgers rd	62.0	1.2 L @ T sp CULLEN (A98)	82.6
0.4 L sp CR 1	62.4	stay on A98 through cullen to PORTSOY	
0.1 R sp PORTGORDON CR 1	62.5	11.0 Control in Portsoy	93.6
onto CP over River Spey	62.5		
1.8 R @ T sp PORTGORDON CR 1	64.3		
0.3 L sp NETHER DALLACHY	64.6		

Stage 3 Portsoy to Keith 62kms

Continue along A98		6.3 R sp drachlaw	125.4
5.3 R sp HILTON	98.9	3.2 R @ T no sp	128.6
4.9 SOX sp pole of itlaw	103.8	5.9 R @ T sp aberchirder	134.5
3.6 R @ T sp TURRIFF	107.4	1.5 L sp ROTHIE MAY	136.0
1.3 L on RH bend (eff SO)	108.7	8.2 R @ T sp KEITH	144.2
1.0 Fork R no sp	109.7	1.1 R/L stg X sp KEITH	145.3
2.8 L @ T no sp	112.5	3.9 L @ T sp KEITH	149.2
5.6 R @ T sp CR1	118.1	8.2 R @ X sp INVERNESS	157.4
0.2 SOX sp TOWN CENTRE	118.3	0.8 L sp DUFFTOWN (B9014)	158.2
0.1 info control opposite Turra Coo statue	118.4	Control on LHS in Boogie Woogie Café	
0.2 1st exit MRAB sp aberdeen	118.5		
0.6 R sp rosehall	119.1		

Stage 4 Keith to Tomintoul 47kms

Continue along B9014	0.0	12.9 R @ T sp grantown on spey (A939)	205.4
34.3 L @ T sp TOMINTOUL	192.5	Control on LHS in Old Firestation café	

Stage 5 Tomintoul to Aviemore 42kms

Continue along A939		15.8 R @ T sp AVIEMORE	243.2
13.7 L sp NETHY BRIDGE	219.1	2.7 3rd exit RAB sp village centre (B9152)	245.9
7.4 SOX sp NETHY BRIDGE	226.5	1.0 Aviemore free control café, tesco, ATM	246.9
0.9 L @ T sp COYLUMBRIDGE	227.4	get a receipt	

Stage 5 Aviemore to Nairn 64kms

From Tesco continue along B9152	246.9	Continue on CR 7 which becomes a CP	
0.2 2nd exit RAB no sp (soon becomes A95)	247.1	alongside A9 then rejoins road at lay-by	
6.6 L sp CARRBRIDGE (B9153)	253.7	Follow to end of lay-by then	
6.9 R no sp (eff. SO (to stay on CR 7))	260.6	2.5 Cross A9 (care !) to CP on opp. side	276.0
4.7 L sp TOMATIN CR 7 (gated road)	265.3	0.7 R sp MOY and rejoin road (B9154)	276.7
2.5 At end of CP alongside A9 rejoin	267.8	9.2 R sp DALROY	285.9
road to stay on CR 7		info control at this turn see brevet card	
5.7 L imm before A9 (stay CR 7 NOT A9)	273.5	15.4 L @ T sp CLEPHANTON	301.3
		1.3 R sp NAIRN (B9091)	302.6
		8.8 R into Nairn County Football Ground	311.4
		Arrivée	